



**SAIFEE HOSPITAL**

Under the auspices of Saifee Hospital Trust Reg. No. E-5448 (Bom)

# EXECUTIVE HEALTH PACKAGES



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## BASIC PACKAGE

Rs.2,100/-

### Pathology Test

CBC  
ESR  
Urine Routine  
Stool Routine

### Radiology & Imaging

X-Ray Chest P.A. View

### Consultation

Physician

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)

### Liver Test

Total Bilirubin  
SGPT

### Lipid Test

Cholesterol  
Triglycerides

### Renal Test

Creatinine  
BUN

### Cardiac Evaluation

ECG

## CHILDREN'S PACKAGE

Rs.1,500/-

### Pathology Test

Complete Blood Count  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Audiogram

### Ophthalmology

Refractive Errors  
Amblyopia screening

### Diabetic Evaluation

Random Blood sugar

### Dental Check up

### Consultation

Pediatrician  
Nutrition Counselling

### Liver Test

SGOT  
SGPT

### Vaccination record review

### Lipid Test

Cholesterol

### Renal Test

Creatinine  
Calcium

## MASTER PACKAGE

Rs.5,000/-

### Pathology Test

CBC

### Diabetic Evaluation

Fasting Blood Sugar (FBS)

### Liver Test

Total Bilirubin

SGPT

### Lipid Profile

Cholesterol

Triglycerides

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

LDL/ HDL Ratio

Total Cholesterol / HDL Ratio

### Renal Test

Creatinine

BUN

### Thyroid Profile

TSH

### Special test

Vitamin D

### Cardiac Evaluation

ECG

### Radiology & Imaging

Chest X-Ray P. A. View

DEXA - (Bone Densitometry)

### Body Composition Analysis

### Refraction - Vision Testing

### Dental

### Consultation

Physician

## STROKE PACKAGE

Rs.6,500/-

### Pathology Test

CBC

ESR

### Renal Test

Creatinine

Electrolytes

### Coagulation Profile

PT

PTT

### Diabetic Evaluation

Fasting Blood Sugar (FBS)

Post Prandial Blood

Sugar (PPBS)

Glycosylated Hb

### Lipid Profile

Cholesterol

Triglycerides

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

LDL/ HDL Ratio

Total Cholesterol / HDL Ratio

Lipoprotein A (Lp A)

Apolipoprotein A1

Apolipoprotein B

Apolipoprotein A1/B ratio

### Radiology & Imaging

Chest X-Ray P. A. View

### Consultation

Neurologist

### Special Test

Homocysteine

### Cardiac Evaluation

ECG

2D Echo

## COMPREHENSIVE PACKAGE (MALE)

Rs.9,200/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Test

Total Bilirubin  
SGOT  
SGPT

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Test

Vitamin D  
Vitamin B12  
PSA

### Cardiac Evaluation

ECG  
Stress Test  
(or 2-D Echo Screening)

### Radiology & Imaging

Chest X-Ray P. A. View  
USG (Abdomen & Pelvis)

### Lung Function Test

Pulmonary Function Test

### Body Composition Analysis

### Consultation

Physician  
Nutrition Counselling

## COMPREHENSIVE PACKAGE (FEMALE)

Rs.9,200/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Test

Total Bilirubin  
SGOT  
SGPT

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Test

Vitamin D  
Vitamin B12  
PAP Smear

### Cardiac Evaluation

ECG  
Stress Test  
(or 2-D Echo Screening)

### Radiology & Imaging

Chest X-Ray P. A. View  
USG (Abdomen & Pelvis)

### Body Composition Analysis

### Lung Function Test

Pulmonary Function Test

### Consultation

Gynecologist  
Physician  
Nutrition Counselling

## EXECUTIVE PACKAGE (MALE)

Rs.12,500/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol

LDL/ HDL Ratio  
Total Cholesterol /  
HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Test

T3 T4 TSH

### Special Tests

PSA  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Antigen  
Hepatitis C Antibody

### Cardiac Evaluation

ECG  
Stress Test or  
(2-D Echo Screening)

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Refraction - Vision Testing

### Consultation

ENT  
Ophthalmologist  
Dental  
Physician  
Nutrition Counselling

## WOMAN WELLNESS PACKAGE

Rs.13,200/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar  
(FBS)  
Post Prandial Blood  
Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Thyroid Test

T3 T4 TSH

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol /  
HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Cardiac Evaluation

ECG  
Stress Test or  
(2-D Echo Screening)

### Special Test

CA 125  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Surface  
Antigen  
Hepatitis C Antibody  
PAP Smear

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)  
Mammography

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Refraction - Vision Testing

### Consultation

ENT  
Ophthalmologist  
Gynaecologist  
Dental  
Physician  
Nutrition Counselling



## VIP PACKAGE (MALE)

Rs.17,900/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Test

CA19.9  
PSA  
BHCG  
AFP  
CEA  
Serum Thyroglobulin  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Antigen  
Hepatitis C Antibody

### Cardiac Evaluation

ECG  
Stress Test  
2D Echo

### Radiology & Imaging

X-Ray Chest P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Ophthalmology

Refraction -  
Vision Testing  
Fundoscopy  
Tonometry

### Dental

Scaling & Polishing  
OPG

### Consultation

Ophthalmologist  
ENT  
Dental  
Physician  
Nutrition Counselling

## VIP PACKAGE (FEMALE)

Rs.17,900/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Test

CA19.9  
CA125  
BHCG  
AFP  
CEA  
Serum Thyroglobulin  
PAP Smear  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Antigen  
Hepatitis C Antibody

### Cardiac Evaluation

ECG  
Stress Test  
2D Echo

### Radiology & Imaging

X-Ray Chest P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)  
Mammography

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Ophthalmology

Refraction -  
Vision Testing  
Fundoscopy  
Tonometry

### Dental

Scaling & Polishing  
OPG

### Consultation

Ophthalmologist  
Gynecologist  
ENT  
Dental  
Physician  
Nutrition Counselling



## INTERNATIONAL PACKAGE (MALE)

Includes Two Days Stay in First Class Room

Rs.35,200/-



### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Tests

CA19.9  
PSA  
BHCG  
AFP  
CEA  
Serum Thyroglobulin  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Antigen  
Hepatitis C Antibody

### Cardiac Evaluation

ECG  
Stress Test  
2.D Echo

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Ophthalmology

Refraction -  
Vision Testing  
Fundoscopy  
Tonometry

### Dental

Scaling & Polishing

### Consultation

Ophthalmologist  
ENT  
Dental  
Physician  
Nutrition Counselling

## INTERNATIONAL PACKAGE (FEMALE)

Includes Two Days Stay in First Class Room

Rs.35,200/-

### Pathology Test

CBC  
ESR  
Blood Group  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Profile

T3 T4 TSH

### Special Test

CA19.9  
CA125  
BHCG  
AFP  
CEA  
Serum Thyroglobulin  
PAP Smear  
Vitamin B12  
Vitamin D  
HIV Antibody  
Hepatitis B Antigen  
Hepatitis C Antibody

### Cardiac Evaluation

ECG  
Stress Test  
2.D Echo

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
Mammography  
DEXA - (Bone Densitometry)

### Lung Function Test

Pulmonary Function Test

### Audiometry

### Ophthalmology

Refraction -  
Vision Testing  
Fundoscopy  
Tonometry

### Dental

Scaling & Polishing

### Consultation

Ophthalmologist  
Gynecologist  
ENT  
Dental  
Physician  
Nutrition Counselling



## CANCER SPECIAL SCREENING PACKAGE (MALE)

Rs.10,100/-

### Pathology Test

CBC  
ESR  
Urine Routine  
Stool Routine

### Diabetic evaluation

Fasting Blood Sugar (FBS)

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Test

TSH

### Special Test

Vitamin D  
Vitamin B12  
CA19.9  
PSA + Free PSA Ratio  
BHCG  
AFP  
CEA  
Serum Thyroglobulin

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)

### Consultation

Physician  
ENT  
Nutrition Counselling

## CANCER SPECIAL SCREENING PACKAGE (FEMALE)

Rs.11,700/-

### Pathology Test

CBC  
ESR  
Urine Routine  
Stool Routine

### Diabetic evaluation

Fasting Blood Sugar (FBS)

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Test

TSH

### Special Test

Vitamin D  
Vitamin B12  
CA19.9  
CA125  
BHCG  
AFP  
CEA  
Serum Thyroglobulin  
PAP Smear

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
Mammasonography

### Consultation

Physician  
ENT  
Nutrition Counseling



## SENIOR CITIZEN (MALE) PACKAGE

Rs.10,845/-

### Pathology Test

CBC  
ESR  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline  
Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Test

TSH

### Special Test

Vitamin D  
Vitamin B12  
PSA + Free PSA Ratio

### Cardiac Evaluation

ECG  
2.D Echo

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)

### Audiometry

### Refraction - Vision Testing

Eye pressure  
Fundoscopy

### Consultation

Physician  
ENT  
Dental  
Nutrition Counselling  
Ophthalmologist

### Fall risk assessment

## SENIOR CITIZEN (FEMALE) PACKAGE

Rs.12,440/-

### Pathology Test

CBC  
ESR  
Urine Routine  
Stool Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb

### Liver Profile

Total Bilirubin  
SGOT  
SGPT  
GGTP  
Alkaline Phosphatase

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Thyroid Test

TSH

### Special Test

Vitamin D  
Vitamin B12  
CA 125  
PAP Smear

### Cardiac Evaluation

ECG  
2.D Echo

### Radiology & Imaging

Chest X-Ray P.A. View  
USG (Abdomen & Pelvis)  
DEXA - (Bone Densitometry)  
Mammography

### Audiometry

### Refraction - Vision Testing

Eye pressure  
Fundoscopy

### Consultation

Physician  
ENT  
Dental  
Nutrition Counselling  
Ophthalmologist

### Fall risk assessment

## CARDIAC PACKAGE (40 YRS & ABOVE)

Rs.10,600/-

### Pathology Test

CBC  
ESR  
Urine Routine

### Diabetic Evaluation

Fasting Blood Sugar  
(FBS)  
Post Prandial Blood  
Sugar (PPBS)  
Glycosylated Hb

### Liver Test

SGOT  
SGPT

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol /  
HDL Ratio  
Lipoprotein A (Lp A)  
Apolipoprotein A1  
Apolipoprotein B  
Apolipoprotein A1/B ratio

### Renal Profile

Creatinine  
BUN  
Calcium  
Ionised Calcium  
Protein  
Phosphorus  
Uric Acid  
Electrolytes  
Bicarbonates

### Special Test

High-sensitivity CRP  
(HS CRP)  
Homocysteine

### Cardiac Evaluation

ECG  
Stress Test  
2.D Echo

### Lung Function Test

Pulmonary Function Test

### Radiology & Imaging

X-Ray Chest. P.A. View  
DEXA - (Bone Densitometry)

### Consultation

Cardiologist

### 1 Month Cardiac Rehab. Program

## PRE-DIABETIC SCREEING PACKAGE

Rs.3,700/-

### Pathology Tests

CBC  
Urine Routine

### Diabetic Evaluation

Fasting Blood Sugar (FBS)  
Post Prandial Blood Sugar (PPBS)  
Glycosylated Hb  
Urine Microalbumin

### Liver Test

Total Bilirubin  
SGPT

### Lipid Profile

Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
VLDL Cholesterol  
LDL/ HDL Ratio  
Total Cholesterol / HDL Ratio

### Renal Test

Creatinine  
Protein

### Cardiac Evaluation

ECG  
Stress Test

### Consultation

Physician  
Nutrition Counselling

# URO GYNAEC PACKAGE

Rs.10,200/-

## Pathology Test

CBC  
Blood Group  
Blood Sugar (Fasting)  
Urine Routine

## Lipid Profile

Sr. Cholesterol  
Triglycerides

## Renal Profile

BUN  
Creatnine  
Uric Acid  
Electrolytes

## Thyroid Profile

TSH

## Special Test

Vitamin D  
Vitamin B12  
Papsmear  
Uroflowmetry  
Body Composition Analysis

## Radiology & Imaging

Chest X-Ray P.A. View  
USG Pelvis  
MAMMOGRAPHY  
DXA (Bone Densitometry)

## Consultation

Gynaecologist or Urologist  
Physician  
Nutrition Counselling



## GUIDELINES FOR HEALTH CHECK UP



1. You are requested to report at health Check up Department on 3rd floor at 8am or at your allocated time.
2. You are required to have minimum 12 hours fasting prior to the check up. However you may drink water and take your regular medicines as per the schedule.
3. Please bring all your past medical records and regular medications if any when you come for check up.
4. Please wear loose clothing, minimum jewellery and easily removable footwear if possible.
5. Additional tests if required apart from package will be charged separately.
6. For your convenience, payment can be made on the day of the appointment.
7. Corporate clients are required to produce company letter or staff identification at the registration counter.
8. Meal / Refreshment will be provided under certain packages as applicable.
9. In case of non availability of certain tests on that particular day the patients will be called at next convenient date.
10. Review consultation with physician will be on the next working day along with reports.

### NOTE:

- Patients undergoing health check up will also be offered optional Cardiac Rehabilitation Program for a period of 1 month (12 sessions) at a subsidised rate of Rs. 3000/- per month.



**SAIFEE HOSPITAL**

Under the auspices of Saifee Hospital Trust Reg. No. E-5448 (Bom)

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